

## In Your Community: HEALTH INFORMATION FOR INDIVIDUALS AND FAMILIES

### Health Conditions

- MedlinePlus** <http://www.nlm.nih.gov/medlineplus>
- HealthFinder.gov** (Prevention Information) <http://www.healthfinder.gov>
- AIDS.gov** <http://www.aids.gov>
- Flu.gov** <http://www.flu.gov>
- CouldHaveLupus.gov** <http://www.couldihavelupus.gov>
- Diabetes & Me** <http://www.cdc.gov/diabetes/consumer/index.htm>
- National Diabetes Information Clearinghouse** <http://www.diabetes.niddk.nih.gov>
- National Diabetes Education Program** <http://www.ndep.nih.gov>
- National Institute on Drug Abuse** <http://www.nida.nih.gov/NIDAHome.html>
- Substance Abuse and Mental Health Services Administration** <http://www.samhsa.gov>
- National Cancer Institute** <http://www.cancer.gov>
- National Heart, Lung & Blood Institute** <http://www.nhlbi.nih.gov>

### Get Healthy, Stay Healthy

- Health.gov** <http://www.health.gov>
- Let'sMove.gov** (The First Lady's Initiative) <http://www.letsmove.gov>
- Fitness.gov** (Win President's Active Lifestyle Award) <http://www.fitness.gov>
- Small Step: KIDS** <http://www.smallstep.gov/kids/flash/index.html>
- WIN Network** (Weight Control) <http://www.win.niddk.nih.gov>
- Choose My Plate** <http://www.choosemyplate.gov>
- Deliciously Healthy Eating** <http://hp2010.nhlbihin.net/healthyeating>
- Healthy Weight** (It's not a diet, it's a lifestyle!) <http://www.cdc.gov/healthyweight/index.html>
- Food Safety.gov** <http://www.foodsafety.gov>
- National Immunization Program** (Vaccinations) <http://www.cdc.gov/vaccines>
- PoolSafely.gov** <http://www.poolsafely.gov>
- Product Safety** (Sign up to receive product recall alerts) <http://www.cpsc.gov>

## Information for Seniors

- Medicare.gov** <http://www.medicare.gov>  
**Eldercare.gov** <http://www.eldercare.gov>  
**National Institute on Aging** <http://www.nia.nih.gov>  
**Healthy Aging** <http://www.cdc.gov/aging>  
**Administration on Aging** <http://www.aoa.gov>  
**Senior Health** <http://www.nihseniorhealth.gov/index.html>

## Health Care/Treatment Locators

- Federally Funded Health Centers** [http://findahealthcenter.hrsa.gov/Search\\_HCC.aspx](http://findahealthcenter.hrsa.gov/Search_HCC.aspx)  
**Health Provider Locator at Medline Plus** <http://www.nlm.nih.gov/medlineplus/directories.html>  
**National Breast and Cervical Cancer Early Detection Program**  
<http://apps.nccd.cdc.gov/cancercontacts/nbccedp/contacts.asp>  
**Mammography Facilities** <http://www.accessdata.fda.gov/scripts/cdrh/cfdocs/cfMQSA/mqsa.cfm>  
**Substance Abuse Treatment Locator** <http://dasis3.samhsa.gov>  
**Mental Health Services Locator** <http://www.store.samhsa.gov/mhlocator>  
**HIV/AIDS Prevention & Service Provider Locator** <http://www.aids.gov/locator>  
**National HIV and STD Testing Centers** <http://www.hivtest.org>

## Find Health Insurance

- HealthCare.gov** <http://www.healthcare.gov>  
**InsureKidsNow.gov** <http://www.insurekidsnow.gov>  
**Veteran Affairs Healthcare** <http://www.va.gov/health/default.asp>



*Need more information or didn't find what you were looking for?  
Visit the **NPA Guide to Health Resources**, or call or email the NPA c/o the OMH  
Resource Center at 800-444-6472 or [info@minorityhealth.hhs.gov](mailto:info@minorityhealth.hhs.gov)*

For more information about the National Partnership for Action, visit: <http://minorityhealth.hhs.gov/npa/>