The Power of the Huddle

Concentric Circles of Community



Introduction: Who I Am

Professionally:

- ★ Graduated with MSIS in 2004
- ★ Public librarian for 21 years
- ★ Director at Kinderhook Memorial Library from 2012-2022
- ★ Came to NYLA 2022
- ★ Freedom to Read Foundation Board Member

Personally:

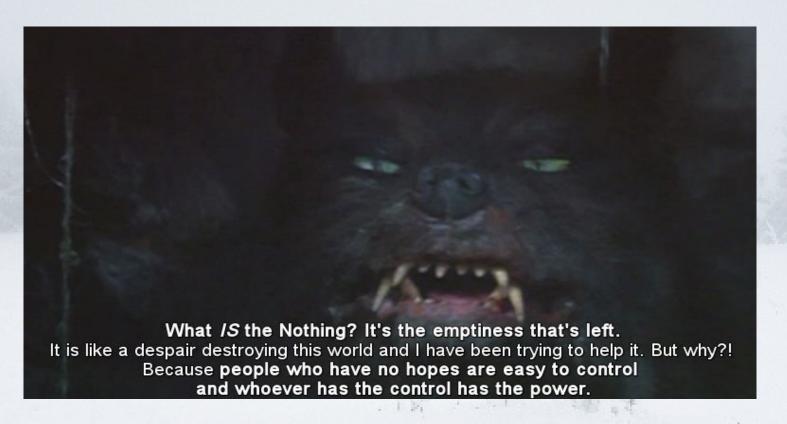
- ★ Extroverted
- ★ Feelings forward
- * Stubborn
- ★ Relentlessly optimistic
- ★ Gen X
- ★ Pop culture obsessed

The Storm We Are In

- Book bans/challenges
- Villainized and under attack
- ➤ Met with suspicion and accusation from many
- > Erosion of public trust
- Shrinking funding
- Staff and volunteer burnout

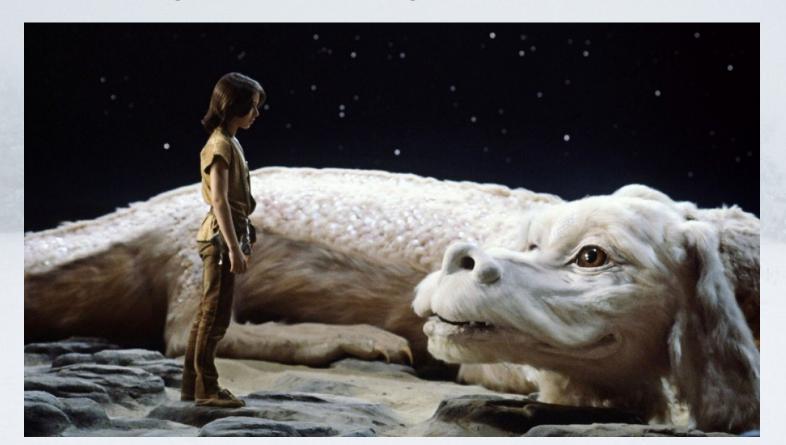


"Because people who have no hopes are easy to control"



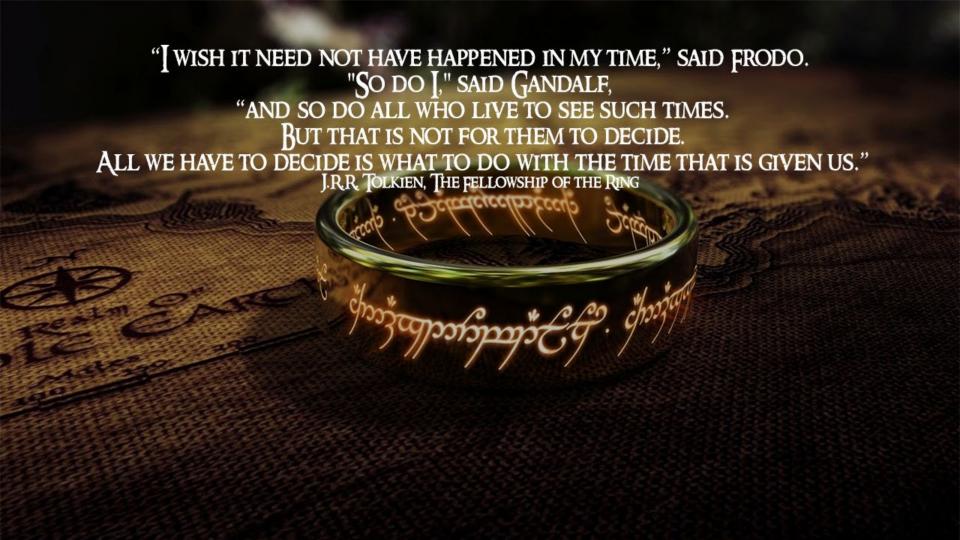


Finding freedom through connection



Fight the Sadness! Fight "The Nothing"!

- The Nothing's creation was a result of neglect and forgotten hopes from Mankind's universe
- Studies suggest that individuals with increased hopelessness have a higher risk of premature death from various causes, including heart disease and cancer
- Antidote to hopelessness and despair is connection and love
- Cure for powerlessness is action
- We cannot go quietly into that dark night!



The Dos and Don'ts of Weathering the Storm

What we do:



What we don't do:



- ✓ Control what we can
- ✓ Think globally, act locally
- ✓ Be aware of current events
- ✓ Find connection

- X Obsess over what we cannot control
- X Immerse ourselves in global trauma
- X Stare into the void/doomscroll
- X Isolate ourselves

Remember: Doing your job is an act of resistance!

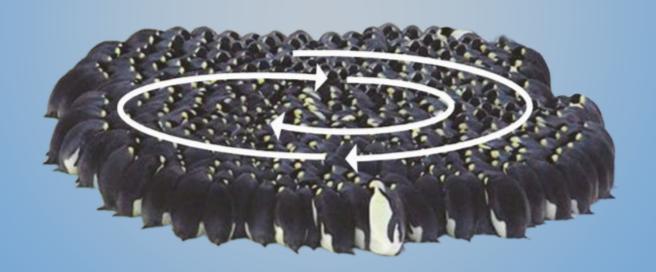
Benefits of Being in Community

- Increased safety
- Built -in support system
- Feeling of belonging
- Opportunities for shared experiences
- Richer and more fulfilling social life
- Fosters civic engagement and sense of responsibility for the collective
- Hope and enthusiasm are contagious

Be like the Emperor Penguins!

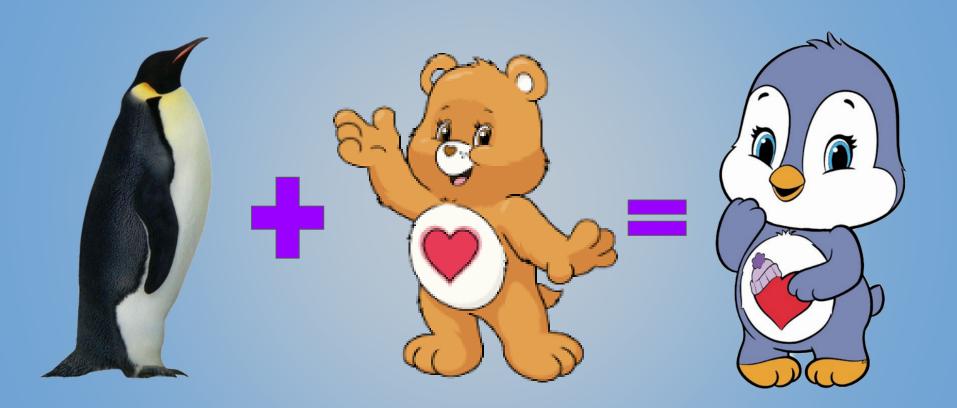
Social Thermoregulation

A cooperative strategy used by many animals, including humans, to maintain a stable body temperature by huddling, nesting, or roosting together to reduce heat loss and conserve energy.



Caring and vulnerability are super powers, not weaknesses.





Concentric Circles of Community

Core Values of Librarianship:

- ★ Access
- ★ Equity
- ★ Intellectual Freedom and Privacy
- ★ Public Good
- ★ Sustainability

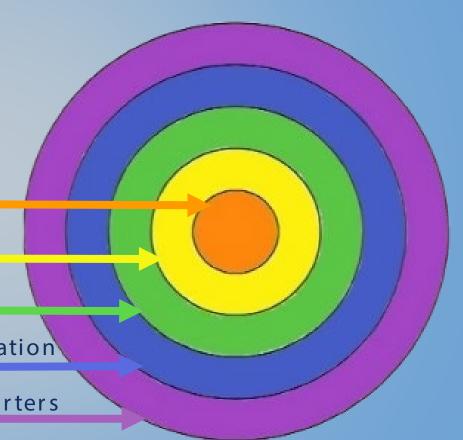
Family and Friends

Inside Your Library

Your Library Village/Town/City

Your State/National Library Association

Field of Librarianship and Supporters



Important Things to Remember

- Concentric circles share a center, always come back to the why
- > When you're not sure of anything, go back to our core values
- If you can be nothing else, be kind
- > There is power and strength in caring/vulnerability
- Nobody has to be strong all the time, that's what community is for
- > We are built for this moment
- > Every storm runs out of rain; we will get through this together

Books on Community, Hope, and Resilience

- ★ Tribe by Sebastian Junger
- ★ When Things Fall Apart by Pema Chodron
- ★ Daring Greatly by Brené Brown
- * Palaces for the People by Eric Klinenberg
- * Radical Hope by Carolina De Robertis
- ★ Wintering by Katherine May
- ★ Tiny Beautiful Things by Cheryl Strayed



If you take nothing else away from today, know that your community grew by at least one person (me) this morning!

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